

### Carver Cluster School Social Workers

### **Carla Warrick**

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### **Shalun Matthews**

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### **Tamisha Brothers-Bembry**

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> Virtual Office Hours Monday – Friday 8am-4pm

School social workers will respond to messages left after regular office hours on the next school day.

### Dr. Jacquelyn Anthony

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# **Atlanta Public Schools**

## **Virtual School Social Work Guidance**



Who We Are: School social workers serve as a link between the home, school, and community to ensure students remain in school and graduate, reach their fullest academic potential, and grow socially and emotionally.

What We Do: School social workers support students' thriving in schools by removing barriers that hinder student performance. We provide services to students who face serious challenges to school success such as: mental health and behavior difficulties, access to basic necessities, abuse and loss of a loved one.

### How to Contact Your School Social Worker

- > Email your school social worker (see list on this flyer)
- In your email include your full name, student ID and your concern/question.
- The school social worker will respond to you either through email or will send you a link for a virtual meeting.

### For mental health emergencies, please contact 911 or the following resources:

- Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Georgia Crisis and Access Line (GCAL): 1-800-715-4255

### **Additional Resources:**

- Carver Cluster Resource Guide
- APS Coronavirus (COVID-19) Resources, Updates, & Alerts
- Youth Mental Health First Aid

### Activities and Self-Care Resources to Support Families:

- > The National Child Traumatic Stress Network
  - o Outbreak Factsheet
  - o Simple Activities for children and adolescents
- Free Audio Books:
  - o <u>Audible</u>
    - o <u>6 Places to Find Free Audio Books for Kids</u>
- Physical Fitness:
  - Gold's Gym- Free access to App until May 31st
  - Planet Fitness- Daily free workout at 7:00pm EST on Facebook
  - o Peloton App at home free for 90 days (Yoga & Meditation Included)
- Free college classes